# Chefs Menu Planner

Westlands

Chefs Menu Planner

| | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Borage | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | |
| Celery | | | | | | | | | | | | |
| Coriander | | | | | | | | | | | | |
| Garlic Chives | | | | | | | | | | | | |
| Golden Shoots | | | | | | | | | | | | |
| Greek Cress | | | | | | | | | | | | |
| Green Basil | | | | | | | | | | | | |
| Green Mustard | | | | | | | | | | | | |
| Lemon Balm | | | | ■ | | | | | | ■ | | |
| Mizuna | | | | | | | | | | | | |
| Oriental Mix | | | | | | | | | | | | |
| Parsley | | | | | | | | | | | | |
| Peashoots | | | | | | | | | | | | |
| Tendril Peas | | | | | | | | | | | | |
| Pink Stem Radish | | | | | | | | | | | | |
| Red Amaranth | | | | | | | | | | | | |
| Red Basil | | | | | | | | | | | | |
| Purple Radish | | | | | | | | | | | | |
| Red Mustard Frills | | | | | | | | | | | | |
| Red Pak Choi | | | | | | | | | | | | |
| Red Cabbage | | | | | | | | | | | | |
| Rocket | | | | | | | | | | | | |
| Ruby Chard | | | | | | | | | | | | |
| Salad Fennel | | | | | | | | | | | | |
| Salad Mix | | | | | | | | | | | | |
| Red Vein Sorrel | | | | | | | | | | | | |
| Tarragon | | | | ■ | | | | | | ■ | | |
| Thai Basil | | | | | | | | | | | | |
| Thyme | | | | ■ | | | | | | ■ | | |
| Baby Watercress | | | | | | | | | | | | |
| Micro Watercress | | | | | | | | | | | | |

| | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Tomato Mix | | | | ■ | | | | | | | | |

Please contact your Distributor or Supplier for more information, alternatively

@WestlandsWow www.westlandswow.co.uk Facebook.com/WestlandsWow

| Key | | | | | |
|---|---|---|---|---|---|
| | Good to Grow | | Seasonal Blips | | Out of Season | ■ | Please Ask |

Issue 1
2013

| | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Alaskan Nasturtium Leaf | | | | | | | | | | | | |
| Alexanders | | | | | | | | | | | | |
| Aztec Sweet Herb Leaf | | | | | | | | | | | | |
| Blue Pepe Nasturtium Leaf | | | | | | | | | | | | |
| Bronze Fennel | | | | | | | | | | | | |
| Buckler Sorrel | | | | | | | | | | | | |
| Butterfly Sorrel—Green | | | | | | | | | | | | |
| Butterfly Sorrel—Red | | | | | | | | | | | | |
| Chocolate Mint | | | | | | | | | | | ■ | |
| Lemon Verbena | | | | | | | | | | | | |
| Popcorn Shoots | | | | | | | | | | | | |
| Shiso Leaf—Green | | | | | | | | | | | | |
| Shiso Leaf—Red | | | | | | | | | | | | |
| Apple Blossom | | | | | | | | | | | | |
| Borage Flowers | | | | | | | | | | | | |
| Butterfly Sorrel Flowers | | | | | | ■ | | | | | | |
| Cucumber Flowers | | | | | | ■ | | | | ■ | | |
| Dill Crowns (Flower) | | | | | ■ | | | | | | ■ | |
| Nasturtium Flower | | | ■ | | | | | | | | | ■ |
| Premium Flower Mix | | | | | | | | | | | | |
| Tagete Flowers—Mixed | | | | | | | | | | | | |
| Viola Flower | | | | | | | | | | | | |
| Aztec Sweet Bud | | | | | | | | | | | | |
| Buzz Buttons | | | | | | | | | | | | |
| Mini Cucumber & Flower | | | | | ■ | | | | | | ■ | |
| Mouse Melons | | | ■ | | | | | | | | | |
| Radish Tadpoles | | | | | | | | | | ■ | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Ice Lettuce | ■ | ■ | ■ | | | | | | | | | ■ |
| Okahijiki | | | | | | | | | | ■ | | |
| Oyster Leaf | | ■ | ■ | | | | | | | | | |
| Oyster Leaf Flowers | | | | ■ | | | | | | | | ■ |
| Rock Samphire | ■ | ■ | ■ | | | | | | | | | |
| Rock Samphire Flowers | | | | | | | | | | | | |
| Salty Fingers | | | | | | | | | | | | |
| Samphire | | | | | | | | | | | | |
| Sea Aster | | | | | | | | | | ■ | | |
| Sea Beet | | | | | | | | | | | | |
| Sea Buckshorn | ■ | ■ | ■ | | | | | | | | | |
| Sea Kale | | | ■ | | ■ | | | | | | | |
| Sea Purslane | | ■ | ■ | | | | | | | | | ■ |
| Sea Rosemary | | | ■ | | | | | | | | | |